

Pacific Northwest Ceilidh

32-bar reel for three couples in a four-couple longwise set

Bars	Description
1-4	1st couple, giving right hands to partners, cross over and cast off one place on opposite sides. 2nd couple step up on bars 3-4.
5-8	1st woman dances a half figure of eight round 2nd couple while 1st man dances a half figure of eight round 3rd couple.
9-16	2nd, 1st and 3rd couples dance an arandel, finishing without the polite turn.
17-24	2nd couple with 1st man and also 1st woman with 3rd couple dance right hands across and left hands across.
25-28	1st couple turn with the right hand while 2nd and 3rd couples advance and retire.
29-32	1st couple advance and retire while 2nd and 3rd couples turn with the right hand.

Repeat, having passed a couple.

This three-couple dance was adapted by Tom Halpenny from a five-couple medley created collaboratively by members of Portland, Oregon and Southwest Washington State branches for use in the RSCDS Virtual Festival 2018.

Note: the **arandel**, pronounced "are-an-dell" (devised by Tom Halpenny), is a form of rights and lefts for three couples in 8 bars, and is normally danced as follows:

- 1-2 2nd, 1st and 3rd couples, giving right hands to partner, cross over to change sides.
- 3-4 2nd man and 3rd woman set to each other.
2nd and 1st women, giving left hands, change places on the sideline.
1st and 3rd men, giving left hands, change places on the sideline.
- 5-6 All three couples, giving right hands to the dancer opposite, cross over to change sides.
- 7-8 2nd man and 3rd woman set
(quick time: while pivoting to face next formation direction).
1st and 2nd women, giving left hands, change places on the sideline.
3rd and 1st men, giving left hands, change places on the sideline.
All three couples are now back in their original places.
On bar 8, 1st couple pull back by the left to dance into place (polite turn).

